

THROUGH-CARE & AFTERCARE SERVICES

For further information on Carolina House Trust visit us online at:

www.carolinahoustrust.org.uk

Carolina House Trust

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Carolina House Trust and Dundee City Council, working in partnership, are committed to the provision of high quality care for young people leaving the care system.

Carolina
HOUSE TRUST
Quality services meeting the needs of young people



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Established in 1815
Registered Scottish Charity No. SC016289

Making the next step



Carolina House Trust works in partnership with Dundee City Council's Throughcare & Aftercare Team to provide support to young people leaving the care system.

We have two Support Workers and one Tenancy Support Worker who work with you if you are between the age of 16-19, supporting you as often or as little as you need.

Your Resource Worker from Dundee City Council's Throughcare & Aftercare Team can make a referral to us to work with you. This should make the next step of the journey less worrying.

Quality services meeting the needs of young people

■ Tenancy Support Service

The Tenancy Support Worker is there to work with young adults preparing them to take on a tenancy. They can work with the young adult for a period of time prior to their moving in, allowing them time to work on budgeting, independent living skills, community living, cooking, self-esteem etc.

Initially the tenancy is not in the young persons name but over a six month period with support and guidance from the Tenancy Support Worker and commitment from the young adult it can be transferred to them.

The Tenancy Support Worker can continue to offer support for a further six months to aid them in keeping the tenancy in the long term. As a part of their role the Tenancy Support Worker is part of a drop-in service for young adults within The Throughcare & Aftercare Services.

■ Support Workers - What we do

- 1:1 work to prepare you for moving on
- Work on budgeting and cooking.
- Helping find the right place for you to live
- Support you in your new tenancy
- Help with buying furniture etc *(where applicable)*
- Help move you in to your new home
- Help you look at work, training or education opportunities
- Run groups for young people to develop their life skills
- Assist with complicated forms you may need to fill in e.g. statutory. benefits, college bursaries, housing applications
- Help you to think about your future and the choices you have to make

■ How we work with young people

- We look at building up positive relationships
- Promise to do the best we can for you
- Listen to your views and act within them
- Be open and honest with you
- Work closely with your resource worker
- Offer confidential advice and guidance
- Available by phone call, text or face to face meetings
- We work with other professional services on your behalf

Was your support worker helpful to you?

"I got help with my cooking skills with my Support Worker"

"Getting help with my bursary application at college"

"The first time I saw a Housing Benefit form I went waaaaa"

"help with changing my address with GP and Dentist"