

SUPPORTED LODGINGS

Our Young People Need YOU

If you have room in your home, and your life, and are interested in becoming a supported lodgings provider, phone the Supported Lodgings Service on 01382 817279 for further information.

Carolina House Trust

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Carolina House Trust and Dundee City Council, working in partnership, are committed to the provision of high quality care for young people leaving the care system.

Carolina
HOUSE TRUST
Quality services meeting the needs of young people

Dundee
City Council
www.dundeecc.gov.uk

Carolina
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Quality services meeting the needs of young people

Find out more online at www.carolinahousetrust.org.uk

For further information on Carolina House Trust visit us online at:

www.carolinahousetrust.org.uk



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What is Supported Lodgings

Supported Lodgings provides vulnerable and/or homeless young people, who have been in care and are not ready to live independently, with a place to stay. Private individuals offer a room in their home and provide varying levels of support. The aim is to provide a safe and supportive environment and the opportunity to develop skills necessary for independent living. Such young people requiring this support may include vulnerable young people who are unable to live at home. Some young people may have learning disabilities, mental health issues, or offending behaviour; or a combination of these.

Carolina House Trust, in partnership with Dundee City Council, has set up a Supported Lodgings Scheme for young people from the Dundee area who are leaving the care system. The thought of living alone at this age can be very frightening for any young person.

Many care leavers have had a particularly difficult time in their earlier lives and therefore need various kinds of support to prepare for independent living.

The Supported Lodgings Service is distinctive because it engages members of the local community who are prepared to give their personal support to enable vulnerable young people to maintain or develop their capacity to live independently.

Most, but not all, of supported lodgings provision is for those between 16 and 21. It may be a long-term arrangement, but more often than not it is short-term provision to help the young person to develop the capacity to move on to an independent tenancy.

Could you be a supported carer?

By offering a place in your home you are enabling a young person to receive appropriate support in all areas of his/her life. Some may have to learn from scratch the practical skills they would have learned if they had grown up in an ordinary family home - for example, cooking, cleaning and budgeting.

Supported lodgings providers also offer emotional support to young people, such as when they are upset or lonely. For any young person, starting a first job, searching for work, or going to college, is a daunting experience. You will be expected to offer the necessary encouragement and advice for the young person to achieve this in a positive way.

Supported lodgings providers come from a variety of backgrounds. They can be single or married - including same-sex couples - working or retired, have children still at home or be childless.

Individual young people have differing needs and therefore need different types of care and support.

What skills/ qualifications would you need?

Providing supported lodgings in situations that may be extremely stressful requires special skills. Supported lodgings providers need no formal qualifications. An ongoing training programme and regular support will be provided. This requires significant input with continuing support and monitoring, which Carolina House Trust offers from qualified social work staff.

You will be paid a weekly fee for each young person. All of our supported carers go through a rigorous assessment procedure and PVG Disclosure Record check.